


STINKY KID SPRAY



INGREDIENTS
 15 Drops of Purification™
 4 oz Distilled Water
 4 oz Sprayer Bottle

DIRECTIONS
 Add 15 drops of Purification™ to bottle. Top off with distilled water. Spray smelly clothing thoroughly before washing. Shake well before use.

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Gather...

- ◆ 2 oz or 4 oz glass spray bottle
- ◆ Epsom salts
- ◆ Purification
- ◆ Water

Put a tiny bit of Epsom salt at the bottom, then put 5-15 drops of Purification directly on the salt {this helps spread the oil throughout the water}. Add water and use! We also use this one in the bathroom!

GERMY KID HAND SOAP



INGREDIENTS
 10 drops of Thieves™
 1/4 cup Castile Soap
 1/2 tsp Carrier Oil
 Distilled Water

DIRECTIONS
 Combine 1/4 cup of unscented castile soap, carrier oil and Thieves™ oil into foaming soap dispenser. Fill rest of bottle with distilled water. Seal with soap pump and shake gently.


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Gather...

- ◆ Foaming Hand Dispenser
- ◆ Castile Soap
- ◆ Carrier Oil {we use V6}
- ◆ Thieves
- ◆ Water

Follow directions and enjoy!

SWEET DREAMS CREAM



INGREDIENTS
 1 cup Shea Butter
 1/2 cup Coconut Oil
 1/2 cup Almond Oil
 8 drops each: Lavender, Peace & Calming II™, Valor II™, & Cedarwood

DIRECTIONS
 Melt shea butter & coconut oil. Allow to cool until it's cooled but still melted. Add almond oil & essential oils and freeze until fairly solid. Then, whip the solid mixture with mixer until it reaches butter consistency.

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Gather...

- ◆ Jar
- ◆ Shea Butter
- ◆ Coconut Oil
- ◆ Almond Oil
- ◆ Oils of choice Lavender, P & C, Valor, Cedarwood.

Follow directions and enjoy! Experiment with other oils that promote relaxation!

Visit www.OilyLittleWorld.com and visit the [Back to School section](#) to see direct links to products needed for these recipes and more Back to School ideas!

Need the oils?

We'd love to have you on our team, [see info about joining us and getting a 24% discount here!](#)